

Society of St. John DeMatha
Prison Ministry – Volunteer Form

Please type and return to Carlos Ludert - carlos.ludert@hotmail.com

Full Name _____

Address _____

Cell Phone _____

Home Phone _____

Email _____

Social Values

This Journal focuses on addressing risks related to antisocial values. Participants identify their values, where they came from and the impact on themselves and others. The development of positive life values and roadblocks to incorporating healthy values are explored.

Peer Relationships

This Journal focuses on addressing risks related to criminal peers. Participants consider their past and present peer relationships, learn the differences between healthy and unhealthy relationships, practice handling social peer pressure and learn how to build a positive support network

Skills for Successful Living

This Journal offers a jump-start for participants to start thinking about the life areas of education, finances, employment and physical health. Practical tips are offered on each topic and participants are encouraged to develop long-term goals

Substance Use

The Substance Use Journal helps participants evaluate their substance use and the consequences of using and develop a plan to help them maintain their recovery.

(Note – this course can only be taught by a counselor or person active in 12 step program)

Options for Courses at Prison – Jester 3

Thursday _____ 6:30-8:30 Social Values

Friday _____ 5:30-7:30 Peer Relationships

Friday _____ 5:30 -7:30 Skills for Successful Living

Friday _____ 5:30-7:30 Substance Use

Courses for the St. John DeMatha Rosary House- 2 Hours (any time from 5:00- 9:00)
Type in Course – and Time on Day 1st , 2nd Choice Preference

Monday - _____

Tuesday- _____

Wednesday- _____

Thursday- _____